

EXTEND YOUR HOLIDAY

with our pre & post extension programmes

To further enhance your holiday experience we are pleased to offer exciting pre & post extension programmes, as well as extra hotel nights, at the start and end point of your voyages.

MS FRAM AND MS MIDNATSOL VOYAGE PROGRAMMES

MONTEVIDEO

Punta del Este – A fine resort town

Visit one of southern Uruguay's most beautiful resort towns, Punta del Este, on this day trip from Montevideo. Drive 85 miles to Punta del Este, the gateway for the jet set and stop for sweeping views up and down the coast. Photo stop at Casa Pueblo Museum, a famous villa, situated on a rocky bluff overlooking the ocean. We continue past elegant homes and sophisticated architecture in Punta del Este, before we visit the Ralli Museum - a private museum of Contemporary Latin-American Art, including works by Salvador Dali. The next highlight is La Barra and its unique hanging bridges before we drive to downtown Punta del Este along a wide variety of fine sandy beaches. There is time at leisure for an individual lunch (not included), for shopping and exploring the town on your own. Return to Montevideo in the late afternoon.

From £71 per person*

*The price includes a full day coach tour (28 Oct 2016 and 15 Mar 2017, approx. 8 - 9 hours) with photo stops, English-speaking guide, starting and ending at hotel in Montevideo.

*Not included: Lunch, drinks, entrance fee for Casapueblo (approx. USD 9) are extra.

Booking code: CENMVD03

Montevideo Highlights Tour

Uruguay's capital Montevideo welcomes you with a perfect mix of modernity and the spirit of colonial times. Experience this diversity with us on our guided tour and admire all the historic monuments, beautiful parks and pleasant 19th and 20th century buildings alongside modern office buildings.

From £67 per person*

*The price includes a guided coach tour (14 Mar 2017, approx. 09:00 - 12:30) with photo stops, starting at the pier and ending at hotel or airport (only for flight departures from 16:00).

Booking code: CENMVD02

Montevideo Dinner & Tango Show, available only for MS Midnatsol voyages

Enjoy a night out in Montevideo with dinner and a show! Watch some of South America's best dancers perform tango, 'candombe,' and 'milonga' - all important types of Uruguayan dance. You'll also enjoy a dinner of Uruguay's traditional dishes filled with barbecued meat. This 4-hour dinner and show offers the perfect introduction to Uruguayan culture!

From £100 per person*

*The price includes a live show (approx. 4 hours) with 3-course dinner including wine, soft drinks, coffee/tea. English-speaking guide, starting and ending at the hotel.

Dates: 25 Oct 2016 (embarking)

26 Oct 2016, 17 Mar 2017 (disembarking)

Booking Code: CENMVD04

EXTEND YOUR STAY

MONTEVIDEO -

NH Montevideo Columbia

The hotel is located amid the neo-classical and art deco structures of Montevideo's Ciudad Vieja (Old Town), close to the beach and several sites. Guests can choose from 136 rooms with free Wi-Fi, the hotel offers a fitness area, sauna, Jacuzzi and solarium. The restaurant Portón Nuevo offers its guest international cuisine as well as a stunning look over the ocean. Drinks can be enjoyed at the bar.

£73pp twin* / £145pp single*

*The price is per person in a twin or single room incl. breakfast

BUENOS AIRES

City Tour Buenos Aires

Discover the most important sights of Buenos Aires, the exceptional, dynamic, sophisticated and vibrant capital of Argentina. An exquisite combination of European flair and the charm of Latin American cities. This tour provides an in-depth introduction to its history and architecture, the culture, anecdotes and secrets of its people. Visit the lively and frenzied

downtown area, the 'aristocratic' northern neighbourhoods and the working class districts in the south.

NOTE: Small amount of walking over uneven ground involved. This tour is included in the pre-programme 'Wild Patagonia'.

From £28 per person*

*The price includes a guided sightseeing tour by bus, starting and ending at hotel (approx. 15:00 - 18:30). Tour operates one day prior to embarkation.

Booking code: CENBUE01

Dinner & Tango Show

Available only for MS Fram voyages

A mixture of passion, sensuality, nostalgia and melancholy, the Tango is the dance of Argentina. It originated in the late 18th century boliches (brothels). Its influences came from the many immigrants who arrived from Europe and Africa. The Tango became known internationally and was soon all the rage in cosmopolitan cities like Paris.

From £135 per person*

*The price includes transfers to/from hotel (20:00-24:00), live tango-show, three-course dinner with aperitif, wine and coffee, English speaking guide. Tour operates on day of disembarkation.

Booking code: CENBUE02

Tigre Delta Tour

Join a river cruise in beautiful surroundings 30 km north of Buenos Aires. In Tigre we will board a river boat to sail through the rivers and channels that form the Parana River Delta. This is a 14,000 square kilometre area with thousands of islands. The delta runs through a subtropical rainforest where the Argentinian national tree and its flowers 'Ceibo' are not uncommon.

From £59 per person*

*The price includes a guided sightseeing tour by bus and boat, starting and ending at hotel (09:00 - 13:00). Tour operates one day after disembarkation.

Booking code: CENBUE03

Estancia Santa Susana

Discover the charm of the Argentine Pampas with a visit to a local estancia outside of Buenos Aires where you will be welcomed with

'empanadas' (traditional Argentine meat pies). Stroll around the grounds and settle into the slower pace of life, enjoy a traditional Asado (BBQ) including the world-renowned Argentine beef. Dining will be 'family style' and you could find yourself sharing with other patrons at the estancia. Live entertainment will be supplied by gauchos in their typical dress, dancing to their unique folkloric music. Following lunch, the fun moves on to an open field where you can admire an impressive display of the gauchos' skillful abilities on horseback (not possible with heavy rain).

NOTE: Some walking over uneven ground is involved. Horseback riding at your own risk and expense.

From £110 per person*

*The price includes a tour by minibus, starting and ending at hotel (Tuesday-Sunday, approx. 09:30 - 16:30), English speaking driver guide, BBQ lunch with wine, soft drinks and coffee.

Booking code: CENBUE05

EXTEND YOUR STAY

BUENOS AIRES

Emperador Hotel

The hotel is located, only a few steps away from the renowned Avenida 9 de Julio, close to the art galleries and museums district, a top restaurant area, shopping malls, and in the elegant neighborhood of Recoleta with easy access to Puerto Madero Harbour. The rooms are equipped with a bathroom with shower and bathtub, telephone, WI-FI Internet, Mini bar, cable television, coffee/tea maker, safe deposit box and air conditioning.

£104pp twin* / £207pp single*

*The price is per person in a twin or single room incl. breakfast

USHUAIA

Tierra del Fuego National Park

Just a short drive from Ushuaia you will find yourself in the awesome and wild Tierra del Fuego National Park. The visit offers you a marvellous opportunity to see some of the



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world's most unique plants and wildlife. The park was once home to Yaghan people and inmates of the old penal colony. Roca Lake and Lapataia Bay are the touristic places that we will visit, including some short walks near the lake, beaver dams and Lapataia Bay. At the end of the national park we will reach the finish of the National Route n° 3, located 3,063 kilometres far away from Buenos Aires.

From £111 per person*

*The price includes guided 3 – 4 hour coach tour before embarkation, starting at the airport and ending at the pier, entrance fee to the National Park, lunch box with soft drink. Min. participant number applies.

Booking code: CENUSH01

Escondido Lake Panoramic Tour

Enjoy a scenic drive through Ushuaia before this panoramic tour takes you 60 km up north along the Pan American Highway towards Carbajal Valley view point and further to the Garibaldi Pass. Beautiful Escondido Lake is located at the foot of this pass. During your drive enjoy the view of the lakes and valleys of the region, passing forests, peat bogs and glaciers. Stop at Las Cotorras and return to Ushuaia.

From £48 per person*

*The price includes guided three hours coach tour on day of disembarkation, with photo stops starting at the pier and ending at the airport.

Booking code: CENUSH02

IGUAZU FALLS - An overnight tour

Iguazu Falls is one of the largest and most impressive falls in the world. This tour is available as post extension programme.

DAY 1: Buenos Aires/Iguazu (or Montevideo/Iguazu)

Begin your post programme with a transfer from the hotel to the domestic airport and flight to Iguazu with a 'meet & greet' by your local guide. The afternoon is reserved for a visit to the Brazilian side of the falls. Enjoy a walk along the path following cascades

and panoramic views of the falls. Overnight at hotel.

DAY 2: Iguazu Falls

Today you will experience the Argentinian side of the waterfalls. Board a gas-propelled train that takes visitors to the upper falls circuit and the Devil's Throat, the most prominent and one of the highest falls. Enjoy a 3 km walk along the Iguazu river canyon and admire the impressive flora and fauna. Evening at leisure and overnight stay.

DAY 3: Iguazu/Buenos Aires

Transfer to Iguazu airport and flight back to Buenos Aires. Our local guide will welcome you to Buenos Aires, followed by a transfer to your hotel. Rest of the day at leisure and overnight stay.

DAY 4: Buenos Aires

Breakfast at hotel.

NOTE: Walking up and down stairs and over uneven ground is involved in this tour.

From £1066 per person from Buenos Aires*

From £1220 per person from Montevideo*

*The price includes two nights in Iguazu and one night in Buenos Aires, incl. breakfast, transfers and excursions as per itinerary, English speaking local guide during transfers and excursions, return economy class flights between Buenos Aires (or Montevideo) and Iguazu, incl. current taxes and charges. Tour operates after disembarkation.

Booking code: CENIGR2 (Buenos Aires)/ CENIGR5 (Montevideo)

WILD PATAGONIA - An overnight tour

Patagonia is a region of extremes and has few equals in the world. This tour is available as a pre extension programme for Antarctica voyages starting in Ushuaia.

DAY 1: Buenos Aires/El Calafate

Morning transfer from your hotel and flight to El Calafate. El Calafate lies on the southern shore of Argentino Lake and is about 80 km from the entrance to Los Glaciares National Park. It is the perfect starting point for visiting this region. Meet & greet by your local guide and transfer to your hotel in Calafate. In the evening visit a Patagonian Estancia, for a true insight into the Patagonian Gaucho life and culture. After some mate tea and pastries, enjoy a walk and watch a sheep shearing demonstration, while tasting some local wine. Return to El Calafate and overnight stay.

DAY 2: Calafate

A must for all visitors to Argentina is a visit to the Glacier Perito Moreno in the Parque Nacional Los Glaciares. To reach the mountains, we drive

through the impressive Patagonian steppe where the climate changes frequently and there can be rain or even snow. The glacier is part of the Patagonian Continental Ice Field where 13 glaciers flow into the Viedma and Argentino lakes and towards the Atlantic Ocean. The Perito Moreno glacier is one of the few glaciers in the world that is still pushed forward by its ice masses. Lunch is included. Evening at leisure and overnight.

DAY 3: Calafate/Ushuaia

After breakfast, transfer to the airport and flight to Ushuaia. A local guide will welcome you at the airport and take you to your centrally located hotel. In the afternoon, enjoy a boat ride through the bay of Ushuaia and the Beagle Channel, surrounded by a mountain range. Evening at leisure and overnight.

DAY 4: Ushuaia/Embarkation

The morning is at your leisure. Around noon you will be picked-up from your hotel and join an excursion to Tierra del Fuego National Park. Located only 11 km away from Ushuaia, the Tierra del Fuego National Park is unique for having in its protected area, mountains as well as access to the sea. This excursion will end at the port of Ushuaia with the embarkation on MS Fram.

NOTE: Walking over uneven ground is involved in this tour.

From £1383 per person*

*The price includes two nights in Calafate and one night in Ushuaia, incl. breakfast, transfers, dinner at a Patagonian farm and excursions as per itinerary, English-speaking local guide during transfers and excursions, economy class flights Buenos Aires-Calafate-Ushuaia, incl. current taxes and charges. Tour operates before embarkation.

Booking code: CENPAT1

SANTIAGO DE CHILE

The Best of Santiago de Chile

Experience Chile's capital Santiago with its mix of modern and historical charm lingering at every corner. Walk in the park of Santa Lucia Hill where the city was founded and feel the pulsing heart of Santiago at the Plaza de Armas where past and present meet. Join us on this city tour including a ride in the old Funicular and have a great panoramic view of the city and the impressive Andes mountain range.

From £37 per person*

*The price includes a guided coach tour (approx. 4 hours) with funicular ride, English speaking guide, starting and ending at hotel. Tour operates one day prior to embarkation.

Booking Code: CENSCL01

Chilean Folk Show & Dinner

Get a taste of Chile and enjoy its traditional folklore music and dance on this unforgettable evening! Take the chance to mix with the locals and get in contact with them. You may even discover your passion for the Chilean folklore dance when the band invites everybody to join in! Do not hesitate to feel the real spirit of Chilean life!

From £90 per person*

*The price includes a folklore show (approx. 4 hours) with 3-course dinner including wine, soft drinks, coffee/tea, English speaking guide, starting and ending at the hotel. Tour operates one day after disembarkation.

Booking Code: CENSCL02

Vineyard Visit with Wine Tasting

Let us take you into the world of Chilean vineyards. Guided coach tour from Santiago through the countryside to one of the most important wine producing regions of the country, the Casablanca Valley or Maipo Valley. Take the opportunity to taste the delicious wines and hear about the work, dedication and science that goes into the making of each drop of wine. The resident wine expert will guide you through the cellars, plantations and facilities.

From £93 per person*

*The price includes guided coach tour (approx. 4 hours) with wine tasting, English speaking guide, starting and ending at hotel. Tour operates one day after disembarkation.

Booking Code: CENSCL03

EXTEND YOUR STAY

SANTIAGO DE CHILE Sheraton Santiago Hotel & Convention Center

This fine hotel with 379 rooms lies within walking distance to famous sites like Pablo Neruda's house, the Parque Metropolitan Zoo or San Cristóbal Hill. Those who want to spend some money in Santiago will find some of the district's best shopping options nearby. The hotel's own gourmet restaurant El Cid has been acclaimed by culinary journalists to be one of Santiago's best restaurants.

£91 pp twin* £174 pp single*

*The price is per person in a twin or single room incl. breakfast

CHILEAN PATAGONIA - An overnight tour

Explore the lakes, glaciers and snow-covered mountains of Chilean Patagonia on a four-day excursion starting in Santiago and based in Puerto Natales. This tour is available as pre extension programme.



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DAY 1: Santiago/Punta Arenas/ Puerto Natales

Morning transfer from your hotel to the airport and flight to Punta Arenas followed by an approx. 3 hours transfer, incl. a lunchbox through the Patagonia's rugged steppe with a chance to see Magellan ostriches, birds and of course sheep and with a little luck some lonely condor tracing circles in the sky. Be welcomed at Hotel Remota. The rest of the day is at leisure followed by dinner and overnight.

DAY 2: Puerto Natales/ Torres del Paine

An early start takes you on a full-day excursion to Torres del Paine National Park, a UNESCO World Heritage biosphere. See herds of sheep and native guanacos and notice the rugged snow-capped Torres del Paine mountains towering in the background. We visit Torres del Paine from one extreme end to the other by van, passing by different lookout points. At Lake Grey we can see huge icebergs along the shore and even the Glacier Grey in the distance. Return to Puerto Natales in the evening. Dinner and overnight.

DAY 3: Puerto Natales/Ultima Esperanza Fjord

A three-hours catamaran cruise from Puerto Natales to Ultima Esperanza Fjord takes you through stunning Patagonian scenery to the 1,000 year-old Balmaceda glacier, home to cormorants and sea lions. A short walk takes you to the foot of the Serrano Glacier, surrounded by snow-capped peaks and walls of ice. Return trip to Puerto Natales, where the rest of the day is at your leisure. Dinner and overnight.

DAY 4: Puerto Natales/Punta Arenas

Transfer back to Punta Arenas (approximate 3 hours).

From £1572 per person*

*The price includes transfer hotel to airport in Santiago de Chile, economy class flight Santiago de Chile – Punta Arenas incl. current taxes and charges, transfer without guide, Punta Arenas airport-Puerto Natales-pier incl. lunch box, 3 overnights at Hotel Remota incl. full board and beverages with the meals, two full day excursions lead by an English speaking guide, use of spa, heated swimming pool and hot tubs. The overnight in Santiago before the start of this tour is part of your Antarctica voyage. All excursions are subject to weather conditions.

Booking Code: CENPUQ1

ATACAMA DESERT - An overnight tour

Join us to the Atacama Desert, the world's driest desert on a five-day excursion starting in Santiago and based in San Pedro de Atacama. This tour is available as post extension programme.

DAY 1: Santiago de Chile

Overnight in Santiago de Chile.

DAY 2: Santiago/Calama/San Pedro de Atacama

Transfer from your hotel to Santiago de Chile Airport and morning flight to Calama. Transfer to San Pedro de Atacama, your final destination and an oasis in the middle of the desert. San Pedro is a small village with narrow alleys and traditional adobe houses. Check-in at your hotel and time to have lunch on your own. Evening excursion (approx. 4 hours) to the Moon Valley. Declared a Sanctuary of Nature and Natural Monument, it is formed by a depression surrounded by small hills with stunning sharp ridges. Climb the Duna Mayor (Major Dune) which provides a beautiful view of the Cordillera de la Sal, the Valley of Death and the Salt Flats, among many other sights with the dramatic sunset on the background. Return to the hotel. Dinner on your own and overnight.

DAY 3: San Pedro de Atacama

The morning is at leisure. Afternoon departure towards the archeological site of Tulo; where structures resemble a labyrinth of circles, of which each was a dwelling or meeting place. Tulo is the oldest vestige and first human settlement in the Atacama Salt Flat, that has been miraculously preserved. It is known as the 'Cradle of the Likan Antai culture' dating back 2,000 years. Next, visit Pukará de Quito. This stone defensive fortress dates back to the 12th century and was attacked by the Spanish conquistador Francisco de Aguirre and his army of mounted men in 1540, restored in 1981 and then declared a National Monument in 1982. A tasting of typical products will be served during the excursion. Dinner on own. Overnight.

DAY 4: San Pedro de Atacama/ Calama/Santiago

In the morning we start the excursion to the El Tatio Geysers which is located at a height of 4,300m above sea level and at approx. 89 km from San Pedro de Atacama. The geothermal field has close links to the volcanic activity in the zone and consists of huge steam columns which reach heights of 12 m/almost 40 feet. Intense sulphur odors and pools of boiling water and mud make this place seem like the initiation of life. On the way back there is the opportunity to spot numerous families of vicuñas and if we are lucky, foxes and Andean ostriches. Stop at Puritama, famous for its hot pools, where the warm water flows through the rocks. After a day of intense unwinding, return to your Hotel in San Pedro de Atacama. Late afternoon flight from Calama to Santiago de Chile. Transfer to Hotel Sheraton in Santiago

DAY 5: Santiago

Breakfast at hotel. End of your post holiday programme.

From £1379 per person*

*The price includes two overnights incl. breakfast in Santiago de Chile, two overnights incl. breakfast in San Pedro de Atacama, return flight Santiago de Chile to Calama incl. current taxi airport transfers in Santiago and Calama/San Pedro, two half day and one full day excursion, English speaking guide during excursions. All excursions are subject to weather conditions.

Booking Code: CENCJC1

CASABLANCA

Casablanca Orientation Tour, incl. transfer airport-pier or v.v. You will be welcomed at the airport or the pier by your guide who will accompany you during the 40 minute drive to/from Casablanca, the second largest city in Africa. The orientation tour begins with

an outside visit of the Hassan II Mosque, the largest religious monument in Africa. Then drive along the Corniche sea side and through the residential district and Boulevard Anfa. Before reaching the port, you will have the opportunity for a photo stop at Mohammed V Square.

REYKJAVIK

Pre Programme CENREK4

Day 1 Reykjavik/Arrival

Individual arrival at Icelandair Hotel Reykjavik Natura. Day at leisure and overnight.

Day 2 Reykjavik, Golden Circle

Breakfast at hotel. The full day tour Golden Circle takes you to beautiful Thingvellir National Park, a place of tremendous interest as a primary site of both Iceland's geological and historical heritage.. After your walk in Thingvellir, the tour continues over the Lyngdalsheiði heath into the fertile farmlands of the south, to visit the most beautiful waterfall of the country, Gullfoss. Nearby, you'll also stop at the Geysir geothermal area with its multitude of hot springs,. Returning to Reykjavik through the Grimsnes region. Arrive at your hotel in the late afternoon. The rest of the day is at your own leisure. Overnight.

Day 3 Reykjavik, Blue Lagoon

The Blue Lagoon, Iceland's most unique and popular attraction. You will enjoy bathing and relaxing in Blue Lagoon geothermal seawater, known for its positive effects on the skin. In addition to bathing in the lagoon guests have access to a sauna with a view of the lagoon, a sauna with white walls that resemble silica mud and a cozy steam bath carved into a lava cave. Return to Reykjavik to embark MS Fram in the afternoon.

Post Programme CENREK5

Day 1 Reykjavik, Golden Circle:

This full day tour of the Golden Circle takes you to beautiful Thingvellir National Park, a place of tremendous interest as a primary site of both Iceland's geological and historical heritage. Afterwards visit the most beautiful waterfall of the country, Gullfoss. Nearby, you'll also stop at the Geysir geothermal area with its multitude of hot springs, where the most active one, Strokkur, spouts every few minutes. Lunch will be served in the area. Returning to Reykjavik through the Grimsnes region, you will arrive at your hotel in the late afternoon. The rest of the day at your leisure. Overnight.

Day 2 Reykjavik, Blue Lagoon

Here you can enjoy a relaxing bath in the surreal milky waters of Iceland's most famous of geothermal Spas. The Blue Lagoon In addition to bathing in the lagoon you have access to a sauna with a view of the lagoon. Return to Reykjavik in the early afternoon. The rest of the day at your leisure. Overnight

Day 3 Reykjavik, Departure

Individual return journey home.

From £350pp twin* £454 single*

*The price includes two nights at a first class hotel in Reykjavik incl. breakfast, transfers as per itinerary, full day Golden Circle excursion (incl. lunch buffet), excursion to Blue Lagoon (incl. entrance fee).

TROMSØ

Full Day Tour Sommarøy Island

In the morning start of a full day excursion to Sommarøy island. The journey takes you through beautiful sea and mountain landscapes of ever increasing wilderness. The island of

Sommarøy is connected to the neighbouring island of Kvaløya by the Sommarøy Bridge and has white beaches, fantastic views and vibrant fishing villages. After a guided walk in Sommarøy village enjoy lunch at Sommarøy Arctic Hotel. In the afternoon hike up the mountain of Hillesøy for a stunning view. In the late afternoon you will leave the beautiful island of Sommarøy and return back to Tromsø.

From £226 per person

Tromsø Arctic Panorama with Cable Car

The cable car will take you up to Mount Storsteinen on Fløya, 421 metres above the sea. Visit a mountain lodge where your guide will show you the spectacular view over Tromsø, the mountains and islands. Coffee, tea and cakes will be served by the fire in the mountain lodge whilst your guide tells you more about Tromsø and the Arctic landscape. The tour ends at the pier of MS Fram.

From £80 per person



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1. A guanaco in the Torres del Paine National Park.
2. Enjoy horse riding in Iceland.

EXTEND YOUR STAY

AMSTERDAM - Hotel Mövenpick Hotel Amsterdam

Rewarding its guests with a spectacular view over the city and river IJ, the Mövenpick Hotel Amsterdam City Centre offers a unique location. It lies within walking distance of the historical city centre of Amsterdam, central station and cultural hotspots. Located adjacent to the Passenger Terminal. Easy access by public transport with a tram stop and canal bus stop in front of the hotel. All guestrooms and suites offer optional minibar, iron and ironing board, private espresso machine, TV, climate control, hairdryer and 24-hour room service. The hotel operates a free shuttle service to and from Central Station.

£102pp twin* £184 single*

*The price is per person in a twin or single room incl. breakfast

BERGEN - Scandic Hotel Neptun

At the Scandic Neptun Hotel, situated in downtown Bergen, you can enjoy one of Bergen's largest collections of modern art. Visit the renowned Restaurant Lucullus that offers an exquisite meal or the more informal bistro, Pascal Mat & Vin. Relax in well equipped and comfortable rooms with free wireless internet access.

£77pp twin* £105 single*

*The price is per person in a twin or single room incl. breakfast

TROMSØ - Radisson Blu Hotel

At this Tromsø hotel, visitors experience true hospitality in a premium location. This city centre hotel has an ideal location close to the harbour. All spacious and comfortable rooms and suites feature modern furnishings and free Wi-Fi internet.

£75 pp twin* £118 single*

*The price is per person in a twin or single room incl. breakfast

CASABLANCA - Kenzi Tower Hotel

Located in one of Casablanca's main landmarks, the five star hotel Kenzi Tower is a twenty-eight storey hotel entirely designed and built by the famed Architect, Ricardo Bofill. The hotel is ideally located in downtown Casablanca and offers panoramic views from the stylish Sky 28 bar. The hotel features 2 restaurants and a spa and indoor swimming pool, free Wi-Fi.

£101pp twin* £162 single*

*The price is per person in a twin or single room incl. breakfast

COPENHAGEN - Radisson Blu Scandinavia Hotel

The Radisson Blu Scandinavia Hotel, Copenhagen rises above the city, affording stunning views of Copenhagen. The hotel is located only a short walk from the Tivoli Gardens. This stylish and modern hotel offers four in house restaurants, a fitness and spa area and a casino.

£82 pp twin* £143 pp single*

*The price is per person in a twin or single room incl. breakfast

FORTALEZA - Hotel Luzeiros

This stylish first class oceanfront hotel overlooks panoramic Meireles Beach. It offers an outdoor pool and gym, two fine restaurants and a bar. The contemporary rooms at Hotel Luzeiros have balconies with sea views. Free Wi-Fi is available in public areas. Hotel Luzeiros offers quick access to downtown Fortaleza. It is 1 km from Del Passeo Shopping Mall, and 3 km from the Municipal Market. It is also 200 m from the lively Artisanal Fair.

£109 pp twin* £197 single*

*The price is per person in a twin or single room incl. breakfast

LISBON - Hotel Real Parque

The Hotel Real Parque is situated in a small residential area in the heart of Lisbon close to Marques de Pombal and Saldanha. It only takes a two minutes walk to the famous 'Corte Inglesa' and the Eduardo VI Park and its 'Estufa Fria' (Biological Gardens). Rooms are equipped with air conditioning, TV, mini-bar, private safe and hair dryer. Guests dining at the hotel-owned restaurant 'Cozinha' can sample the very best in Portuguese and International cuisine.

£56 pp twin* £105 single*

*The price is per person in a twin or single room incl. breakfast

LONGYEARBYEN - Radisson Blu Polar Hotel Spitsbergen

The world's northernmost full service hotel has an informal atmosphere and is a meeting place for locals and visitors alike. Located in the centre of Longyearbyen, the hotel offers 95 well equipped guest rooms and apartments, sauna and free Wi-Fi. From your table at Braseri Nansen you can enjoy the panoramic view towards the majestic mountain Hiorthfjellet accompanied by an excellent Arctic menu and a good selection of wines.

£118 pp twin* £197 single*

*The price is per person in a twin or single room incl. breakfast

REYKJAVIK - Icelandair Hotel Reykjavik Natura

Built in 1964 and formerly named Hotel Loftleidir, it is located close to the domestic airport. Icelandair Hotel Reykjavik Natura has 220 comfortable rooms, a restaurant and bar. Unique to the hotel is the amazing indoor salt water geothermal-heated swimming pool and Jacuzzi. The indoor pool is part of the new Soley Natura Spa. The hotel offers free city bus tickets for their guests, bike rental, free Wi-Fi in public areas and in guests rooms.

£88 pp twin* £140 single*

*The price is per person in a twin or single room incl. breakfast